

or, if you don't have a lawyer, to the police and the court. A breach of a restraining order is called a 'contempt of court'. This means that your attacker has not respected the court's order and the court will punish him for his disrespect.

➔ If the breach is also a criminal offence, such as

another assault, you should report it to the police and make a further complaint against the attacker.

➔ It is very important that you report breaches of bail conditions and restraining orders as soon as possible. Your attacker needs to know that any breaches will be dealt with seriously.

Who can you talk to?

The Pacific Regional Rights Resource Team (RRRT)	Private Mail Bag 2nd Floor, Pacific House, Butt St, Suva, Fiji Tel: (679) 330 5582 Fax: (679) 330 6582 Website: www.rrrt.org
UNICEF	Private Mail Bag Third & Fifth Floor, Fiji Development Bank Building 360 Victoria Parade, Suva, Fiji Tel: (679) 330-0439/1091/1881/1918 Fax: (679) 330.1667 Website: www.unicef.org
UNIFEM	Pacific Regional Office Private Mail Bag Level 5, Vanua House, Victoria Parade, Suva, Fiji Tel: (679) 330-1178/ 1118 Fax: (679) 330-1654 Website: www.pacific.unifem.org
Cook Islands	Punanga Tauturu Inc. (Cook Islands Women's Counselling Centre) PO Box 205, Rarotonga, Cook Islands Tel: (682) 21133 Fax: (682) 21131 Mobile: (682) 551349 Email: lrto@pti.org.ck
Federated States of Micronesia	National Women's Advisory Council of FSM Pohnpei, FSM FSM Women's Association Network P.O. Box PS 78, Palikir Pohnpei 96941 Phone: 691 320 5133/691 320 5379 Fax: 691 320 5854 Email: FSMFRC@mail.FMS Chuuk Women's Advisory Council c/o HIV and STI Program PO Box 400, Weno, Chuuk State 96942 Tel: (691) 330-4777/2579 E-mail: chuukhivaidsprogram@yahoo.com