

NATIONAL CAPITAL DISTRICT

Hospitals

- Port Moresby General Hospital
Provides antenatal, ART, VCT, Family Planning, Sexual health services.
Located in 3 Mile on Taurama Road.
Ph: General: 3248200 or Emergency: 3248239
- Paradise Private Hospital
Hours: 8:30am - 3pm daily.
Fees: Estimated K100 for consultation and after hours K120. Provides antenatal, sexual health education, advice and testing.
Located opposite Port Moresby General Hospital on Taurama Rd.
Ph: 3256022
- Pacific International Hospital
Located on Stores Rd, next to 4 Mile PMV Stop.
Ph: 3234400, Mobile: 71114400 or 7111 4011.

Police

- Police Operations:
Ph: 3244331
- Port Moresby Police Station
Ph: 321 3468 or 112 FSVU: 77001623
- Six Mile Police Station
Ph: 325 1402

- Badili Police station
Ph: 321 7945 or FSVU: 321 7088
- Gerehu Police Station
Ph: 3260255
- Boroko Police Station
Ph Station: 3244312 or 3244273 Family Violence
Unit: 3260104 or 3244317 Sexual Offenses
Squad: 324 4235 or 324 4257
- Gordons Police Station
Ph: 325 1823
- Southern Command HQ
Ph: 3212079

Counselling

- Stop AIDS
Anglicare Stop AIDS PNG offers a range of HIV support services. They offer counselling services to victims of family violence and HIV/AIDS. Located behind the Mobil Service Station, North Waigani. Opening hours: 8am – 4pm.
Ph: 325 1855
- Lifeline
Lifeline provides religious counselling and have a counselling hotline. Lifeline Port Moresby is located at Section 50, Allotment 4 Mokokaha Rd, North Waigani opposite Bible Translation Association & Fire Station + Adjacent to Koyasi Printing.
Ph: 3260011, 3261114 Wireless: 77519657 or 7751 9655. Email: lifelinepom@gmail.com

- **Catholic Family Services**
 CFS offers basic counselling services and family enrichment advice to families with marriage problems and youth with drug and alcohol problems. Also provides legal advice and support for parishioners of Catholic Diocese. No fees. Operating hours: Mon – Friday 9am - 3pm
 Located opposite Jack Pidik Park, next to Loretto hostel.
 Ph: 325 5250
- **NCD Welfare Services**
 Government agency specifically designed to deal with family and child matters (child custody, maintenance, divorce, adoption, child abuse). Services provided include: counselling, mediation, support and preparation of court documents. Opening hours: 08:30 – 11:30. After lunch appointments need to be made. No Fees. Located next to CHM in Gordons.
 Ph: previously 3112544 however landline is currently not working, services still provided.
- **Port Moresby City Mission**
 POM City Mission provides counselling services through phone and refuge centre to people who are referred to the Mission by probation officers or other state agencies. Also provides counselling, mediation, case management, court advocacy and paralegal support.
 Ph: 320 3375

Legal Advice

- Independent Office of the Public Solicitor
Provides free legal assistance for those affected by family or sexual violence. Location: Garden City, Level 2, Boroko.
Ph: 325 8866
- PNG Development Law Association
Provides free legal advice relating to gender based violence. PNGDLA provide legal services as follows: General Advice & assistance, Representation in court, Drafting Court documents. Operating hours: Monday – Friday 8:30am – 4:30pm. Located in Monian House, 1st Floor, Suite 2, Boroko. Ph: 323 4734 OR 323 6814 PNGHIVLaw@idlo.int
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Ph: previously 3112544 however landline is currently not working, welfare still provides services.

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CFS offers basic counselling services and family enrichment advice to families with marriage problems and youth with drug and alcohol problems. Also provides legal advice and support for parishioners of Catholic Diocese. No fees. Operating hours: Mon – Friday 9am - 3pm
Located opposite Jack Pidik Park, next to Loretto hostel. Ph: 325 5250
- **Legal Training Institute**
Provides legal aid for: general legal advice, court appearance at District Court, drafting and filing of legal documents at the National Court. LTI is located inside the Admin College, Waigani. Operating hours: Saturdays to the public 8am – 12noon. Ph: 3262244 or 3262140
- **Port Moresby City Mission**
POM City Mission provides counselling services through phone, mediation, case management, court advocacy and paralegal support. Ph: 320 3375

Family Support Centres

- **Family Support Centre**
Family Support Centres provide emergency medical and psychosocial care and support to women and children experiencing sexual abuse and family violence. Located at Port Moresby General Hospital on Taurama Rd. Ph: 3248246 (8am/4pm) and 70945283 (after hours)
- **Family Support Centre Outreach**
Ph: 71790393

Sexual Health

- **Anglicare Stop AIDS**
Anglicare Stop AIDS PNG offers a range of HIV support services. They offer counselling services to victims of family violence and HIV/AIDS.
Located behind the Mobil Service Station, North Waigani. Opening hours: 8am – 4pm.
Ph: 325 1855
- **Poru Sapot Projek**
Drop in support centre and STI clinic for female sex workers and men who have sex with men. Provides outreach, peer education and STI/HIV counselling. The Clinic operates Mon - Fri 8am - 4pm. Located Lahara Ave, near the Manu Auto port and off Hubert Murray Hwy near the Comfort Inn Boroko. Ph: 3112319 or 3250608
- **Port Moresby General Hospital**
Provides antenatal, ART, VCT, Family Planning, Sexual health services.
Located in 3 Mile on Taurama Road.
Ph: General: 3248200 or Emergency: 3248239
- **Marie Stopes**
Provides HIV testing, ultra sounds, Family planning, tubal ligation, STI treatment, scanning, Pap smear and other sexual and reproductive health services. Marie Stopes also offers family planning services every Wednesday at City Pharmacy Waigani Central Stop N Shop Mall for K10 from 12-8pm. Located at Reke St, Boroko.
Opening hours: 8:30 – 4pm
Ph: 325-5314 and Fax: 325-5315

- Kaura Medical Centre
Pap smears K75. Located: Gordons industrial opposite Crosby Tyres. Opening hours: 8am - 8pm Monday - Friday. 9am -12noon Saturday and Sunday.
Ph: 325 3846
- 9 mile clinic
Provides: Family support, psychosocial care to survivors of rape, family violence and child abuse as well as referrals for counselling.
Ph: 70333285
- Susu Mama
Susu Mama's provide free information on: Breast-feeding, Nutrition, Infant feed including HIV positive mothers, Hygiene, Antenatal and postnatal care, Immunisations, Family planning and Voluntary Counselling and testing. Located at Port Moresby Urban Clinic and Port Moresby General Hospital. Opening hours: 8am – 4:30pm
Ph: 325 2528
- St Mary Medical Centre Ltd
Weekday: 8am-8pm Saturday: 8am-12noon Sunday: 10am-12noon. Provides Anti Retroviral Treatment, Family Planning. Estimated K40 for a new patient, and with blood tests and scans etc. estimated K200. Located near NASFUND over the bridge.
Ph: 3232266
- Simon Cyrene Care Centre
Located in Hohola.
Ph: 3251606

- 9 mile clinic
Provides: Family support, psychosocial care to survivors of rape, family violence and child abuse as well as referrals for counselling.
Ph: 70333285

Women's health

- Susu Mama
Susu Mama's provide free information on: Breast-feeding, Nutrition, Infant feed including HIV positive mothers, Hygiene, Antenatal and postnatal care, Immunisations, Family planning and Voluntary Counselling and testing. Located at Port Moresby Urban Clinic and Port Moresby General Hospital. Opening hours: 8am – 4:30pm
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- Paradise Private Hospital
Hours: 8:30am - 3pm daily.
Fees: Estimated K100 for consultation and after hours K120. Provides antenatal, sexual health education, advice and testing.
Located opposite Port Moresby General Hospital on Taurama Rd. Ph: 3256022
- Well Women's Clinic
Clinic mainly offers Pap-smear test for women to detect cervical cancer. Other services include: blood pressure, breast checks, family planning, weight check, blood sugar and general counselling. Fees: Consultation K20.00. Pap-smear test K30.00. Blood Sugar Test K10.00. Depo-Provera injection K30.00. Pregnancy test K10.00. Family Planning pills K10.00 per strip. Ovulation method consultation K20.00. Doctor's consultation fee K70.00. Breast Check, blood pressure check and weight check are all FREE. The clinic is at section 453, Lot 29, Waigani heights, in the same building as M.S.Wagambie Lawyers.
Opening hours: 8am – 4pm Monday - Friday
Ph: 3406037

- Safe Motherhood Alliance PNG
SMALL PNG provides coordination and network linkages to national and provincial government and non-government organisations to support and grow the implementation and expansion of quality maternal health services to be accessible to women and girls nation-wide. SMALL PNG is based in Port Moresby with provincial networks. Members of the public seeking assistance regarding maternal health needs can contact SMALL PNG who will then connect them with service providers.
Ph: 7051 4499 or
Email: admin@safemotherhood.org.pg

Online services and Social Media

- 'Papua New Guineans Against Domestic Violence'
Provides a forum for discussion for men and women in PNG about the issue of domestic and sexual violence. It also provides emergency contact information.
<http://www.facebook.com/groups/nodomesticviolencepng/>
- Meri Toksave
Please find the most UP TO DATE version of the Meri Toksave directory online at:
<http://meritoksave.org/online-directory/>

Hotlines

- **BAHA Free HIV Info Line**
The BAHA toll-free HIV info line provides information and help with HIV and STI's.
Ph: 7200 2242
- **Marie Stopes Hotline**
The Hotline is a dedicated number for information about general sexual and reproductive health. 7am until 7pm Mon-Fri and on Saturday.
Ph: 1200
- **Susu Mama Hotline**
The Susu Mama Hotline provides information about infant health and feeding support for pregnant women and mothers.
Ph: Digicel 7200 MAMA (72006262)
- **Meri Safe Line**
The main objective of this community service is to support police response and assist women and children who are victims of violence in their communities, by providing a rapid-reaction communications and transport service. Available in Port Moresby. Ph: 72221234
- **St Johns Port Moresby, Emergency service**
This is a toll-free number for all Be-mobile-Vodafone subscribers. It operates 24 hours, seven days a week. Ph: 111