

## **SOUTHERN REGION**

- *Central Province*
- *Gulf Province*
- *Milne Bay Province*
- *National Capital District*
- *Oro Province*
- *Western Province*

# **CENTRAL PROVINCE**

## **Hospitals**

- Hula Clinic  
Ph: 3293026

## **Police**

- Bereina Police Station  
Ph: 3299223
- 15 Mile Police Station  
Ph: 3281328
- Kwikila Police Station  
Ph: 3295022

## **Women's Health**

- Safe Motherhood Alliance PNG  
SMALL PNG provides coordination and network linkages to national and provincial government and non-government organisations to support and grow the implementation and expansion of quality maternal health services to be accessible to women and girls nation-wide. SMALL PNG is based in Port Moresby with provincial networks. Members of the public seeking assistance regarding maternal health needs can contact SMALL PNG who will then connect them with service providers.  
Ph: 7051 4499 or  
Email: [admin@safemotherhood.org.pg](mailto:admin@safemotherhood.org.pg)

## **Online services and Social Media**

- 'Papua New Guineans Against Domestic Violence'  
Provides a forum for discussion for men and women in PNG about the issue of domestic and sexual violence. It also provides emergency contact information.  
<http://www.facebook.com/groups/nodomesticviolencepng/>
- Meri Toksave  
Please find the most UP TO DATE version of the Meri Toksave directory online at:  
<http://meritoksave.org/online-directory/>

## **Hotlines**

- BAHA Free HIV Info Line  
The BAHA toll-free HIV info line provides information and help with HIV and STI's.  
Ph: 7200 2242
- Marie Stopes Hotline  
The Hotline is a dedicated number for information about general sexual and reproductive health. 7am until 7pm Mon-Fri and on Saturday.  
Ph: 1200
- Susu Mama Hotline  
The Susu Mama Hotline provides information about infant health and feeding support for pregnant women and mothers.  
Ph: Digicel 7200 MAMA (72006262)

# **GULF PROVINCE**

## **Hospitals and Sexual Health**

- Kerema General Hospital  
Provides antenatal, family planning and support, HIV & STI testing. Located: directly opposite Baptist primary school in town.  
Ph: 6481273 or 6481190 fax

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Ph: 1200
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# **MILNE BAY PROVINCE**

## **Hospitals**

- Alotau General Hospital  
Provides antenatal, STI, VCT, ART and sexual health clinics. Accident and Emergency open 24 hours. Open between 8am-4pm everyday and emergency from 5pm onwards.  
Located in Middle town.  
Ph: 6411200

## **Police**

- Alotau Police Station  
Located in town, behind markets and next to main playing fields.  
Ph: 641 1253
- Misima Police Station  
Open 8am-4pm. Located in Bwagaoia town, across the road from the fields.  
Ph: 6437408

## **Counselling and Legal Advice**

- Milne Bay Counselling Service  
Milne Bay Counselling Service provides free counselling and legal advice. Counselling is provided on Tuesday, Wednesday and Thursday and legal support on Thursday and Friday. Individuals are able to walk in for counselling and also make appointments. Operating hours 8am-12noon then 1pm-3: 30pm.  
Located near wharf. Ph: 6410918

## **Family Support Centres**

- Alotau Family Support Centre  
Family Support Centres provide emergency medical and psychosocial care and support to women and children experiencing sexual abuse and family violence. Operates from Alotau General Hospital, located in Middle Town.  
Ph: 6411200

## **Sexual Health**

- Alotau General Hospital  
Provides antenatal, STI, VCT, ART and sexual health clinics. Accident and Emergency open 24 hours. Open between 8am-4pm everyday and emergency from 5pm onwards.  
Located in Middle town.  
Ph: 6411200
- Star of Hope VCT centre  
Open from 8am – 4pm shut.  
Speak to Sister Gloria for VCT  
Located at bottom town, on Garuboi Street behind the Catholic Church.  
Ph: 641 0167

## **Women's Health**

- Alotau General Hospital  
Provides antenatal, STI, VCT, ART and sexual health clinics. Accident and Emergency open 24 hours. Open between 8am-4pm everyday and emergency from 5pm onwards. Located in Middle town. Ph: 6411200

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Ph: 7200 2242
- **Marie Stopes Hotline**  
The Hotline is a dedicated number for information about general sexual and reproductive health. 7am until 7pm Mon-Fri and on Saturday.  
Ph: 1200
- **Susu Mama Hotline**  
The Susu Mama Hotline provides information about infant health and feeding support for pregnant women and mothers.  
Ph: Digicel 7200 MAMA (72006262)

# **NATIONAL CAPITAL DISTRICT**

## **Hospitals**

- Port Moresby General Hospital  
Provides antenatal, ART, VCT, Family Planning, Sexual health services.  
Located in 3 Mile on Taurama Road.  
Ph: General: 3248200 or Emergency: 3248239
- Paradise Private Hospital  
Hours: 8:30am - 3pm daily.  
Fees: Estimated K100 for consultation and after hours K120. Provides antenatal, sexual health education, advice and testing.  
Located opposite Port Moresby General Hospital on Taurama Rd.  
Ph: 3256022
- Pacific International Hospital  
Located on Stores Rd, next to 4 Mile PMV Stop.  
Ph: 3234400, Mobile: 71114400 or 7111 4011.

## **Police**

- Police Operations:  
Ph: 3244331
- Port Moresby Police Station  
Ph: 321 3468 or 112 FSVU: 77001623
- Six Mile Police Station  
Ph: 325 1402

- Badili Police station  
Ph: 321 7945 or FSVU: 321 7088
- Gerehu Police Station  
Ph: 3260255
- Boroko Police Station  
Ph Station: 3244312 or 3244273 Family Violence  
Unit: 3260104 or 3244317 Sexual Offenses  
Squad: 324 4235 or 324 4257
- Gordons Police Station  
Ph: 325 1823
- Southern Command HQ  
Ph: 3212079

## **Counselling**

- Stop AIDS  
Anglicare Stop AIDS PNG offers a range of HIV support services. They offer counselling services to victims of family violence and HIV/AIDS. Located behind the Mobil Service Station, North Waigani. Opening hours: 8am – 4pm.  
Ph: 325 1855
- Lifeline  
Lifeline provides religious counselling and have a counselling hotline. Lifeline Port Moresby is located at Section 50, Allotment 4 Mokokaha Rd, North Waigani opposite Bible Translation Association & Fire Station + Adjacent to Koyasi Printing.  
Ph: 3260011, 3261114 Wireless: 77519657 or 7751 9655. Email: [lifelinepom@gmail.com](mailto:lifelinepom@gmail.com)

- **Catholic Family Services**  
 CFS offers basic counselling services and family enrichment advice to families with marriage problems and youth with drug and alcohol problems. Also provides legal advice and support for parishioners of Catholic Diocese. No fees. Operating hours: Mon – Friday 9am - 3pm  
 Located opposite Jack Pidik Park, next to Loretto hostel.  
 Ph: 325 5250
- **NCD Welfare Services**  
 Government agency specifically designed to deal with family and child matters (child custody, maintenance, divorce, adoption, child abuse). Services provided include: counselling, mediation, support and preparation of court documents. Opening hours: 08:30 – 11:30. After lunch appointments need to be made. No Fees. Located next to CHM in Gordons.  
 Ph: previously 3112544 however landline is currently not working, services still provided.
- **Port Moresby City Mission**  
 POM City Mission provides counselling services through phone and refuge centre to people who are referred to the Mission by probation officers or other state agencies. Also provides counselling, mediation, case management, court advocacy and paralegal support.  
 Ph: 320 3375

## **Legal Advice**

- Independent Office of the Public Solicitor  
Provides free legal assistance for those affected by family or sexual violence. Location: Garden City, Level 2, Boroko.  
Ph: 325 8866
- PNG Development Law Association  
Provides free legal advice relating to gender based violence. PNGDLA provide legal services as follows: General Advice & assistance, Representation in court, Drafting Court documents. Operating hours: Monday – Friday 8:30am – 4:30pm. Located in Monian House, 1st Floor, Suite 2, Boroko. Ph: 323 4734 OR 323 6814 [PNGHIVLaw@idlo.int](mailto:PNGHIVLaw@idlo.int)
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Located opposite Jack Pidik Park, next to Loretto hostel. Ph: 325 5250
- **Legal Training Institute**  
Provides legal aid for: general legal advice, court appearance at District Court, drafting and filing of legal documents at the National Court. LTI is located inside the Admin College, Waigani. Operating hours: Saturdays to the public 8am – 12noon. Ph: 3262244 or 3262140
- **Port Moresby City Mission**  
POM City Mission provides counselling services through phone, mediation, case management, court advocacy and paralegal support. Ph: 320 3375

### **Family Support Centres**

- **Family Support Centre**  
Family Support Centres provide emergency medical and psychosocial care and support to women and children experiencing sexual abuse and family violence. Located at Port Moresby General Hospital on Taurama Rd. Ph: 3248246 (8am/4pm) and 70945283 (after hours)
- **Family Support Centre Outreach**  
Ph: 71790393

## **Sexual Health**

- **Anglicare Stop AIDS**  
Anglicare Stop AIDS PNG offers a range of HIV support services. They offer counselling services to victims of family violence and HIV/AIDS.  
Located behind the Mobil Service Station, North Waigani. Opening hours: 8am – 4pm.  
Ph: 325 1855
- **Poru Sapot Projek**  
Drop in support centre and STI clinic for female sex workers and men who have sex with men. Provides outreach, peer education and STI/HIV counselling. The Clinic operates Mon - Fri 8am - 4pm. Located Lahara Ave, near the Manu Auto port and off Hubert Murray Hwy near the Comfort Inn Boroko. Ph: 3112319 or 3250608
- **Port Moresby General Hospital**  
Provides antenatal, ART, VCT, Family Planning, Sexual health services.  
Located in 3 Mile on Taurama Road.  
Ph: General: 3248200 or Emergency: 3248239
- **Marie Stopes**  
Provides HIV testing, ultra sounds, Family planning, tubal ligation, STI treatment, scanning, Pap smear and other sexual and reproductive health services. Marie Stopes also offers family planning services every Wednesday at City Pharmacy Waigani Central Stop N Shop Mall for K10 from 12-8pm. Located at Reke St, Boroko.  
Opening hours: 8:30 – 4pm  
Ph: 325-5314 and Fax: 325-5315

- **Kaura Medical Centre**  
Pap smears K75. Located: Gordons industrial opposite Crosby Tyres. Opening hours: 8am - 8pm Monday - Friday. 9am -12noon Saturday and Sunday.  
Ph: 325 3846
- **9 mile clinic**  
Provides: Family support, psychosocial care to survivors of rape, family violence and child abuse as well as referrals for counselling.  
Ph: 70333285
- **Susu Mama**  
Susu Mama's provide free information on: Breast-feeding, Nutrition, Infant feed including HIV positive mothers, Hygiene, Antenatal and postnatal care, Immunisations, Family planning and Voluntary Counselling and testing. Located at Port Moresby Urban Clinic and Port Moresby General Hospital. Opening hours: 8am – 4:30pm  
Ph: 325 2528
- **St Mary Medical Centre Ltd**  
Weekday: 8am-8pm Saturday: 8am-12noon Sunday: 10am-12noon. Provides Anti Retroviral Treatment, Family Planning. Estimated K40 for a new patient, and with blood tests and scans etc. estimated K200. Located near NASFUND over the bridge.  
Ph: 3232266
- **Simon Cyrene Care Centre**  
Located in Hohola.  
Ph: 3251606

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### **Women's health**

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Ph: 70333285
- Paradise Private Hospital  
Hours: 8:30am - 3pm daily.  
Fees: Estimated K100 for consultation and after hours K120. Provides antenatal, sexual health education, advice and testing.  
Located opposite Port Moresby General Hospital on Taurama Rd. Ph: 3256022
- Well Women's Clinic  
Clinic mainly offers Pap-smear test for women to detect cervical cancer. Other services include: blood pressure, breast checks, family planning, weight check, blood sugar and general counselling. Fees: Consultation K20.00. Pap-smear test K30.00. Blood Sugar Test K10.00. Depo-Provera injection K30.00. Pregnancy test K10.00. Family Planning pills K10.00 per strip. Ovulation method consultation K20.00. Doctor's consultation fee K70.00. Breast Check, blood pressure check and weight check are all FREE. The clinic is at section 453, Lot 29, Waigani heights, in the same building as M.S.Wagambie Lawyers.  
Opening hours: 8am – 4pm Monday - Friday  
Ph: 3406037

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Ph: 1200
- **Susu Mama Hotline**  
The Susu Mama Hotline provides information about infant health and feeding support for pregnant women and mothers.  
Ph: Digicel 7200 MAMA (72006262)
- **Meri Safe Line**  
The main objective of this community service is to support police response and assist women and children who are victims of violence in their communities, by providing a rapid-reaction communications and transport service. Available in Port Moresby. Ph: 72221234
- **St Johns Port Moresby, Emergency service**  
This is a toll-free number for all Be-mobile-Vodafone subscribers. It operates 24 hours, seven days a week. Ph: 111

# **ORO PROVINCE**

## **Hospitals**

- Popondetta Hospital  
Ph: 6297066

## **Police**

- Popondetta Police Station  
Ph: 629 7122 or 629 7333

## **Counselling**

- Anglicare Centre  
Anglicare StopAIDS PNG offers a range of HIV support services. They offer counselling services to victims of family violence and HIV/AIDS. Located at the Anglican Diocese Centre, Ururu, Popondetta.  
Ph: 6297 945

## **Sexual Health**

- Anglicare Centre  
Anglicare StopAIDS PNG offers a range of HIV support services. They offer counselling services to victims of family violence and HIV/AIDS. Located at the Anglican Diocese Centre, Ururu, Popondetta.  
Ph: 6297 945
- Popondetta Hospital  
Ph: 6297066

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# **WESTERN PROVINCE**

## **Hospitals**

- Kiunga Hospital  
Operating hours: 8am-4pm. Provides STI, antenatal and sexual health services.  
Located right in the town, past Kiunga town international school.  
Ph: 6491245
- Tabubil Hospital – OK Tedi Ltd  
Operating hours: 7am-5pm. Emergency: Anytime.  
Provides antenatal and STI clinics. Located in the northern part of Tabubil town, past police station.  
Ph: 6493275
- Rumginae Hospital  
Opening hours:  
Located 30kms outside of Kiunga.  
Ph: 6493 400
- Daru Hospital  
Ph: 6459 166

## **Police**

- Daru Police Station  
Located opposite Daru General Hospital.  
Ph: 645 9022
- Tabubil Police Station  
Located opposite the hospital in town.  
Ph: 6499 203

- Kiunga Police Station  
Located in the central shopping area near administration office.  
Ph: 649 1022

## **Sexual Health**

- Kiunga Hospital  
Operating hours: 8am-4pm. Provides STI, antenatal and sexual health services. Located right in the town, past Kiunga town international school.  
Ph: 6491245
- Tabubil Hospital – OK Tedi Ltd  
Operating hours: 7-5pm. Emergency: anytime. Provides antenatal and STI clinics. Located in the northern part of Tabubil town, past police station.  
Ph: 6493275
- Good Samaritan Care and Counselling Centre  
Provides VCT, ART, Antenatal. Located at catholic mission Kiunga at the third junction.  
Ph: 649 1235

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**THEY SAY:**  
“VIOLENCE IS  
ONLY PHYSICAL.”

**WE SAY:**  
“THERE ARE  
MANY FORMS  
OF VIOLENCE  
INCLUDING

**EMOTIONAL** 

AND  
 **FINANCIAL.”**

**SAY IT WITH US.**  
**MERITOKSAVE.ORG**

