

# Defend Against Domestic Violence

## Let the Family be a Safe and Peaceful Environment



If you or someone you know is a Victim of Domestic Violence, seek help from this Information Brochure and Contact the 24-hour hotline/shelters that are mentioned here.

**For Immediate help call One Stop Crisis Centre (OCC) hotline in Dhaka 966-4699, Mobile: 011822782 or Police by dialing 999**



## Are you the recipient of loving-kindness?

### **Has some one in your family or friend ever-----**

- Treated you with respect?
- Brought you presents, saris, or flowers to show love?
- Taken care of you during an illness?
- Shared access to finances or bank accounts with you?
- Made sure you had eaten and/or had favorite food?
- Help you fulfill your dreams-wishes?
- Works on strengthening marriage with love & dialogue?
- Compliments and respects you inside and outside of house?
- Insists that family members always behave with you?
- Respects your sexual rights, body, and wishes?
- Trusts and respects you and your friendships?
- Treats children with care for food, shelter, and love?
- Takes responsibility for their own behavior and your well-being?
- Treats the children and your family with respect even during difficult times in relationship?

## **Are You A Victim Of Domestic Violence ?**

### **Has someone in your family or friend ever -----**

- Beat you ?
- Break furniture or household utensils to show anger?
- Threaten you with life threatening devices?
- Deprive you from family savings/ bank accounts and keep all the money under his or her control?
- Deprive you from your favorite foods?
- Obstruct you from doing something you want?
- Threaten you with divorce?
- Insult/demean you inside and outside the house?
- Encourage other family members to misbehave with you?
- Force you into sexual intercourse against your will?
- Jealous of you and tells lies about illegitimate relationship, love affair?
- Abuse children and misbehave with them?
- Make you responsible for his/her own misbehavior? Threaten you with hitting the children, take them away, or attack your family if you want to leave?

If you are a victim of domestic violence that does not mean that it is your fault. You are not alone. Sixty six percent of the women complain about domestic violence. You do not have to tolerate everything silently to be a good wife, mother, daughter, daughter-in-law or a friend. Violence never ends without help. The degree of violence increases with time. Violence is not good for the development of your child.

## What Can You Do?

If you are in danger, hit, or need emergency help call One Stop Crisis Centre (OCC) hotline in Dhaka 966-4699, Mobile: 011822782 or Police by dialing 999. Otherwise, contact the police or the organizations mentioned below by phone or directly depending on the degree of violence.

### **Keep the following items in a safe place:**

- Important papers such as birth, marriage, and educational certificates
- If you were tortured earlier keep the doctor's prescriptions
- Your own clothes, jewelry, or other properties
- Extra keys for the house, almira, and trunk.
- Check books for bank and some money.
- Important phone numbers and address book.

**If you leave your house then take your children with you and important papers and the things mentioned above.**

## **Places Where You Can Get Help**

If you are a victim of violence and/or injured then contact:

### **One Stop Crisis Centre (OCC):**

The OCC in Dhaka is located at the end of Emergency Department at Dhaka Medical College Hospital and Rajshahi Medical College Hospital. Contact the Hotline in Dhaka (Phone: 9664699, Mobile: 011822782) on Sunday, Tuesday, and Thursday between 11:00 a.m. to 1:00 p.m. The OCC is a place where violated and abused women and children can get all the services they need in one place, medical treatment, police service, counseling, forensic test, and

shelter service. BNWLA provides legal services at OCC (See below)

Suss Schaumann (Senior Advisor) is a part of OCC violence against women related multi-purpose project, Ministry for Women and Children, 37/3 Eskaton Garden Road, Dhaka 1000, Bangladesh. Phone 935-2450, 934-2424, E-mail: [sjus@citech-bd](mailto:sjus@citech-bd),

[suss21@hotmail.com](mailto:suss21@hotmail.com)

### **If you want legal help:**

#### **Proshanti – BNWLA**

BNWLA has possible shelter and also provides information regarding protection for women victims of violence, contact with law enforcement organizations, counseling over the phone for primary mental distress and traumatized women.

Advocate Salma Ali, Executive Director. BNWLA Head Office: House 60/A. Road 27 (old), Dhanmondi, Dhaka, Bangladesh. Phone: 880-2-8-12-3060, 018216846, 0171404526, Fax: 812-5866 E-Mail: [BNWLA@bdonline.com](mailto:BNWLA@bdonline.com)

BNWLA has hotlines for their various cells:

Investigation Cell for women victims of violence: 0171595203, Legal Cell: 0171800400, Shelter Centre: 0171800401, Women Trafficking Cell: 0171800406, Rajshahi Division: 0171800402, Khulna Division: 0171800403, Shatkhira: 0171800404, Jessore: 0171800405, Lanmonirhat: 0171800407, Benapole: 0171800404

## **Bangladeshi Mahila Parishad -Rokeya Sadan Rehabilitation Centre**

Bangladesh Mohila Parishad provides to women who are the victims of violence legal advice, counseling, medical treatment, as well as necessary aid for legal suits. The parishad also conducts “shalish” and rehabilitates victims at the Rokeya Sadan. In addition it organizes protest meetings and lobby at the local and national levels to create pressure for necessary action.

Ayesha Khanam, General Secretary

Sufia Kamal Bhaban, 10/B/1. Segunbagicha, Dhaka 1000 Bangladesh,

Phone: 7169701, 9563529, E-mail: [mahila@bdcom.com](mailto:mahila@bdcom.com)

## **Ain-O-Shalish Kendra:**

Ain-O-Shalish Kendra provides legal help, dispute resolution service, and counseling.

26/3 Purana Paltan Line Dhaka1000

Phone: 880-2-831-5851

Fax: 880-2-831-8561

E-Mail: [ask@citechco.net](mailto:ask@citechco.net)

## **Naripokkho - Durbar Network :**

Durbar Network is the grassroots network created by Naripokkho for helping women, to fight violence against women, and to promote human rights.

House # 46, Road # 13/A, Dhanmondi R/A, Dhaka – 1209

Phone: 8119917, 8153967

## **Women For Women**

Can provide referrals

1/ 2 Sukrabad, Dhaka

Phone 8116376, 8120791

E-mail: [women@bdonline.com](mailto:women@bdonline.com)

## **Shelter:**

### **Ministry of Women and Children**

Potential shelter seeking women are interviewed in the Women Division, Women and Children Victim Cell (Downstairs of Women Division),

37/3 Eskaton Garden Road, Dhaka during office hours (Sunday to Thursday 9am to 4pm). Phone: 9361492

Dhaka Shelter: Women Division, 1/6A, Block B, Lalmatia Dhaka

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