

## Violence in the home is a crime...

If you suffer from violence in the home, please call the Asian Task Force Against Domestic Violence at (617) 338-2355.

We can help you and your children by:

- providing a safe place to stay
- planning for your safety;
- contacting resources such as: shelters, police, courts, hospitals, welfare, housing, legal services, etc.

**In an emergency you can call the police. Dial 911. If you don't speak English, the police will still come and help.**

Many women suffer from violence in their own home. Unfortunately, family violence is often hidden, denied, or ignored. Domestic violence is not only physical attacks, but also includes emotional, sexual, verbal, and financial abuse. Violence can occur between spouses, in dating relationships, family members, or anyone within your home.

**Physical abuse** includes slapping, punching, burning, kicking, pushing, and throwing, etc

**Emotional abuse** includes insulting you by saying that you are too fat, too skinny, stupid, a bad mother, or by shaming you in front of others, and threatening to deport you, take away your children and harm your family, personal belongings, pets, etc.

**Sexual abuse** is forcing you to engage in sex, perform sexual acts that you do not want to, etc.

## If you need help...

Call any of these organizations:

**Asian Task Force Against Domestic Violence:** *(Services in Chinese, Korean, Japanese, Hindi, Khmer, and other Asian languages)* 617 -338-2355

**AASRA** (Asian-American Support and Resource Agency)  
1-866-922-2772

**Muslim Community Support Services**  
1-888-773-2777

**SAKHI** 1-212-868-6741

**MANAVI** 1-732-435-1414

**Verbal abuse** is calling you names, screaming, and swearing, at you, etc.

**Financial abuse** is preventing you from having access to money, taking away your paycheck or refusing to give you money for food, rent or other necessities.

Violence in the home has harmful effects on children; family harmony is always weakened.

If you or anyone you know is experiencing relationship abuse, there is professional help available that is confidential and free of charge.

**Call our 24-hour multilingual hotline:**

**617.338.2355**

**Asian Task Force Against  
Domestic Violence**

**NO ONE  
DESERVES  
TO LIVE WITH  
VIOLENCE  
OR FEAR**

## Warning Signs of an Abusive Relationship

**If someone you know:**

- Criticizes, yells, or insults you in the home and in public (did not prepare the food right, not a good mother, etc.);
- Controls all the family money (refuses to buy food or other necessities for you or your children, or prevents you from getting a job);
- Prevents you from contacting or visiting your friends and family;
- Threatens to report you to the Immigration & Naturalization Service (INS), refuses to complete your immigration paperwork for you, etc;

**Then you could be in an  
abusive relationship...**